

Manawatu Community Athletic Track					STADIUM BESTS		
MALE					FEMALE		
100 metres					100 metres		
7	15.65	Harry Symes	19-Mar-06		16.74	Genna Maples	28/2/2010
8	15.08	Harry Symes	11-Mar-07		15.77	Kelly Looner-Flintoff	11-Mar-07
9	14.81	Harry Symes	16-Dec-07		15.20	Jade Kaukau	2-Mar-03
	14.81	Hayden Phillips	16-Dec-07				
10	13.58	Ryan Shotter	8-Jan-16		14.26	Jessica Honey	9-Jan-16
11	13.17	Joseph Ayoade	8-Jan-16		13.18	Nadia Evans	9-Jan-16
12	11.89	Owen Lamb	3-Apr-21		12.58	Genna Maples	9-Jan-16
13	11.56	Manaia Lesa	3-Apr-21		12.58	Genna Maples	9-Jan-16
14	11.22	Noa King	1-Apr-23		12.58	Genna Maples	9-Jan-16
15	11.22	Blake Gordon	29-Jan-12		12.16	Sophie Williams	9-Nov-19
16	10.73	Rylan Noome	1-Apr-23		12.16	Sophie Williams	9-Nov-19
17	10.71	Nicholas Hough	25-Jan-11	20/10/93	11.94	Mariello Vendira	1-Apr-23
18	10.71	Nicholas Hough	25-Jan-11	20/10/93	11.94	Mariello Vendira	1-Apr-23
19	10.71	Nicholas Hough	25-Jan-11	20/10/93	11.94	Mariello Vendira	1-Apr-23
20	10.71	Nicholas Hough	25-Jan-11	20/10/93	11.94	Mariello Vendira	1-Apr-23
OPEN	10.71	Nicholas Hough	25-Jan-11	20/10/93	11.94	Mariello Vendira	1-Apr-23
200 metres					200 metres		
7	32.27	Harry Symes	19-Mar-06	10/11/1998	34.39	Genna Maples	28/02/10
8	32.01	Harry Symes	11-Mar-07	10/11/1998	32.67	Kimberley Walsh	1-Mar-14
9	30.45	Jordan Clark	19-Mar-06	18/01/96	32.66	Kelly Looner-Flintoff	16-Dec-07
10	28.76	Ryan Shotter	8-Jan-16		29.30	Zayyaan Smith	8-Jan-16
11	27.09	Keano Kini	9-Jan-16		27.57	Nadia Evans	8-Jan-16
12	25.22	Daymon Shute	9-Jan-16		27.20	Sienna Moyle	4-Apr-21
13	23.88	Manaia Lesa	4-Apr-21		25.93	Esme Reid	2-Apr-23
14	23.19	Jackson Smith	26-Jan-08		25.77	Tayla Bruger	10-Dec-16
15	22.53	Nick Smith	24-Jan-15	07/09/99	25.04	Addira Collette	20-Mar-21
16	21.99	Rylan Noome	2-Apr-23		25.04	Addira Collette	20-Mar-21
17	21.96	Angus Lyver	20-Nov-21		24.68	Mariello Vendira	2-Apr-23
18	21.94	Cody Wilson	9-Nov-19	21/11/00	24.68	Mariello Vendira	2-Apr-23
19	21.94	Cody Wilson	9-Nov-19	21/11/00	24.68	Mariello Vendira	2-Apr-23
20	21.94	Cody Wilson	9-Nov-19	21/11/00	24.68	Mariello Vendira	2-Apr-23
OPEN	21.73	Joseph Millar	13-Dec-14		24.68	Mariello Vendira	2-Apr-23

				3000 metres					
Under 15	9.44.16	Jake Jackson-Grammer	19-Mar-11			9.47.47	Kara Macdermid		22-Nov-11
15	8.32.13	George Wylie	1-Apr-23			9.39.12	Kara Macdermid		28-Feb-12
16	8.30.99	Elliot Pugh	1-Apr-23			9.39.12	Kara Macdermid		28-Feb-12
17	8.12.7	Garit Read	3-Dec-02	25/03/85		9.39.12	Kara Macdermid		28-Feb-12
18	8.12.7	Garit Read	3-Dec-02	25/03/85		9.39.12	Kara Macdermid		28-Feb-12
19	8.12.7	Garit Read	3-Dec-02	25/03/85		9.39.12	Kara Macdermid		28-Feb-12
20	8.12.7	Garit Read	3-Dec-02	25/03/85		9.39.12	Kara Macdermid		28-Feb-12
OPEN	8.06.3	Tom Mayo	3-Dec-02			9.39.12	Kara Macdermid		28-Feb-12
				5000 metres					
Under 17	16.23.43	Jake Jackson-Grammer	16/10/2012			16.40.93	Kara Macdermid		16-Oct-12
17	15.48.50	Angus Watson	07-Mar-09			16.40.93	Kara Macdermid		16-Oct-12
18	15.48.50	Angus Watson	07-Mar-09			16.40.93	Kara Macdermid		16-Oct-12
19	15.48.50	Angus Watson	07-Mar-09			16.40.93	Kara Macdermid		16-Oct-12
20	15.48.50	Angus Watson	07-Mar-09			16.40.93	Kara Macdermid		16-Oct-97
OPEN	14.45.58	Mathew Holder	15-Dec-01			16.40.93	kara Macdermid		16-Oct-97
				10000					
18	32.03.86	Alexander Hull	5/1/2019	18/3/2000					
19	32.03.86	Alexander Hull	5/1/2019	18/3/2000					
20	32.03.86	Alexander Hull	5/1/2019	18/3/2000					
OPEN	32.03.86	Alexander Hull	5/1/2019	18/3/2000		44.50.4	Anita Williamson		20-Apr-03
				70 Hurdles					
Under 12	13.9	Luke Mudgway	11/02/07			16.39	Madelaine Remont		20-Jan-08
12	13.44	Daniel Churchill	07/03/09			12.29	Phillipa Symes		13-Feb-05
	13.44	Liam Robertson	07/03/09						
13	13.37	Alex Willis	9/11/2019			12.02	Emma Leader		25-Mar-17
				80 Hurdles					
Under 12	14.92	Digby Werthmuller	18/12/11						
12	13.58	Harrison Porritt	09-Mar-13	07/01/00		13.26	Natalia Tan		4-Apr-21
13	11.53	Manaia Less	04-Apr-21			12.82	Ella Waldron		4-Apr-21
14	13.2	Leslie Laing	26-Feb-03			12.31	Kayla Goodwin		8-Jan-16
15						12.04	Maggie Jones		9-Nov-19
16	13	Daniel Churchill	17/1/2012			12.04	Maggie Jones		9-Nov-19

				100 Hurdles					
14	840	14.25	Manaaki Walker-Tepania	26/01/08		762			
15		13.53	Noah Redford	2-Apr-23		762	15.28	Paige Harwood	25-Jan-11
16						762	14.89	Maggie Jones	9-Feb-21
17						762	14.89	Maggie Jones	9-Feb-21
18							14.20	Michelle Jenneke	25/1/2011
19							14.20	Michelle Jenneke	25-Jan-11
20							14.20	Michelle Jenneke	25-Jan-11
open							13.86	Sarah Cowley	4-Feb-12
				110 hurdles					
Under 15									
15	914	16.08	Glen Weitenberg	19-Feb-06	13/04/90				
16	914	14.19	Joshua Hawkins	25-Jan-11	09/02/94				
17	990	14.29	Nicholas Hough	25-Jan-11	20/10/93				
18	990	14.29	Nicholas Hough	25-Jan-11	20/10/93				
19	990	14.29	Nicholas Hough	25-Jan-11	20/10/93				
open	1.067	14.69	Michael Cochrane	13-Dec-14					
				200 hurdles					
Under 14							34.07	Monique Whiteman	28-Oct-14
14		30.80	Harrison Porritt	07-Oct-14	7/1/2000		34.66	Juliet McKinlay	16-Nov-21
15		30.80	Harrison Porritt	07-Oct-14	7/1/2000		34.50	Steph Dickins	16-Nov-10
16		24.97	Braxton Kauri	16-Nov-21			32.31	Paige Lowe	18-Nov-08
17		24.97	Braxton Kauri	16-Nov-21			32.31	Paige Lowe	18-Nov-08
18		24.97	Braxton Kauri	16-Nov-21			31.58	Ashleigh Sando	21-Feb-12
open		24.97	Braxton Kauri	16-Nov-21			27.10	Sonja Bowe	3-Feb-04
				300 hurdles					
Under 14		51.03	Jordan Clark	16-Feb-10	18/1/1996				
14		46.97	Melvin Subramaniam	19-Jan-19		762	46.29	Stephanie Dickins	13-Mar-10
15		40.83	Zachary Saunders	19-Jan-19		762	44.70	Stephanie Dickins	19-Mar-11
16		39.76	Braxton Kauri	20-Nov-21		762	44.44	Stephanie Dickins	17-Mar-12
17		39.61	Daniel Parkes	19-Jan-19		762	44.44	Stephanie Dickins	17-Mar-12
18		37.97	Cameron Hayton	27-Nov-04	24/02/86	762	44.44	stephanie Dickins	17-Mar-12

				3000 steeple					
Under 17									
17									
18									
19	9.08.46	Neville Smith	23-Feb-03	06/08/83					
20	9.08.46	Neville Smith	23-Feb-03	06/08/83					
open	8.54.96	Kim Hogarth	26-Feb-05	18/12/75					
				1600 Walk					
10									
11									
12									
13	10.49.60	Ari Bennett	27-Mar-22			9.19.45	Laura Kehely		8/1/2016
14									
				2000 Walk					
15	10.38.62	Braydn Popow	14-Mar-17	18/1/2003		11.01.00	Yendra Fourie		2/4/2023
16	10.07.58	Braydn Popow	16-Mar-19	18/1/2003					
17	10.07.58	Braydn Popow	16-Mar-19	18/1/2003					
18	10.07.58	Braydn Popow	16-Mar-19	18/1/2003					
19	10.07.58	Braydn Popow	16-Mar-19	18/1/2003					
20	10.07.58	Braydn Popow	16-Mar-19	18/1/2003					
Open	9.49.99	Andrus Lei	27-Nov-07	30/09/68		9.34.02	Michelle Lei		29-Nov-05
				3000 Walk					
13	18.07.1	Braydn Popow	10/12/1016	18/1/2003					
14	16.02.04	Nathan Baylis	2-Apr-23						
15	13.36.37	Lucas Martin	9-Nov-19	2/6/2004					
16	12.42.40	Daniel De Toit	20-Nov-21						
17	12.42.40	Daniel De Toit	20-Nov-21			14.50.93	Amanda Gorst		27-Nov-04
18	12.42.40	Daniel De Toit	20-Nov-21						
19	12.42.40	Daniel De Toit	20-Nov-21			14.19.51	Laura Langley		10-Dec-16
20	12.42.40	Daniel De Toit	20-Nov-21						
Open	12.42.40	Daniel De Toit	20-Nov-21			13.48.84	Gabrielle Gorst		27-Nov-04

17/07/05			
8/2/2005			
07/08/03			
13/07/00			
09/05/01			
09/01/95			
17/05/87			
17/05/87			0
17/05/87			
17/05/87			
17/05/87			
06/05/77			
23/09/04			
14/10/07			
14/10/07			
04/08/02			
04/08/02			
04/08/02			
04/08/02			

16/02/71			
05/06/87			

18/04/03			
22/01/93			
17/05/87			
12/07/93			
12/07/93			
12/07/93			
12/07/93			
12/09/93			
26/09/89			
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13/06/94			
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