

## 2024/25 PNAHC Rankings

### 50mH Girls

1.	Eleanor Msyczysyn 16	10.23	29/10/24 PN
2.	Adeline Grant 16	10.38	29/10/24 PN
3.	Ayla Taipana 15	10.57	29/10/24 PN
4.	Charlotte Burkitt 15	10.83	08/10/24 PN
5.	Lucy Hunt 16	10.83	29/10/24 PN
6.	Lilah Voster 15	11.75	29/10/24 PN
7.	Phoebe Singleton 15	12.07	08/10/24 PN
8.	Lara Petrova Parrott 17	12.59	29/10/24 PN

### 50mH Boys

1.	Zac Parr 15	10.18	29/10/24 PN
2.	Kyron Nagaaera 15	10.83	08/10/24 PN
3.	Oliver Isles 15	10.86	08/10/24 PN
4.	Kalayo Errisk 17	11.45	29/10/24 PN
5.	Josh Hill 17	12.00	29/10/24 PN
6.	Faelin O'Hara 17	12.42	29/10/24 PN
7.	Rory Hutchinson 15	13.66	29/10/24 PN
8.	Kason Ngare 17	13.80	08/10/24 PN

### 60m Women

1.	Chayille Collette 05	7.71	29/10/24 PN
2.	Addira Collette 05	7.76	29/10/24 PN
3.	Juliet McKinlay 08	8.12	12/11/24 PN
4.	Taylor Trow 08	8.27	12/11/24 PN
5.	Hana Symes 10	8.48	29/10/24 PN
6.	Emma Osbourne 02	8.48	19/11/24 PN
7.	Athena Fovakis 09	8.56	12/11/24 PN
8.	Freya Easten 09	8.68	12/11/24 PN

### 60m Men

1.	Mate Poduje 98	7.23+2.7	14/07/24 PN
2.	William Rolfe 08	7.55	22/10/24 PN
3.	James Savage 09	7.71	15/10/24 PN
4.	Aden Porritt 03	7.74	12/11/24 PN
5.	Brayden Grant 85	7.80+2.7	14/07/24 PN
6.	Daniel Miller 04	7.93+2.7	14/07/24 PN
7.	Hayden Robinson 74	8.00+2.7	14/07/24 PN
8.	Asher McKenzie Bang 11	8.39	12/11/24 PN

### 60mH Girls

1.	Adalyn Cooksley 13	11.99	29/10/24 PN
2.	Isla Harvey 12	12.23	08/10/24 PN
3.	Maia Williams 12	12.68	08/10/24 PN
4.	Briar Drummond 12	12.93	08/10/24 PN
5.	Annie Conwell 14	12.95	29/10/24 PN
6.	Violet Petrova Parrott 14	13.81	29/10/24 PN

7.	Natalie Hutchinson 13	13.90	29/10/24 PN
8.	Kazuri Robinson 14	13.90	19/11/24 PN
60mH Boys			
1.	Finn Williams 13	11.09	08/10/24 PN
2.	Levi Paterson 12	11.62	29/10/24 PN
3.	Leo Dale 14	11.69	29/10/24 PN
4.	Carter Jay Schultz 14	11.77	29/10/24 PN
5.	Lukas Hazenbank 13	11.83	08/10/24 PN
6.	Elliot Parr 13	12.35	29/10/24 PN
7.	Fin Crofskey 12	12.60	29/10/24 PN
8.	Michael Hooper 13	12.61	29/10/24 PN
70mH W			
1.	Greta Easten 11	18.24	19/11/24 PN
80mH W16			
1.	Sophie Crofskey 09	16.64	08/10/24 PN
2.	Brooke Duffy 09	17.16	08/10/24 PN
80mH Men			
1.	Kobe Dorn 11	12.93-0.1	23/11/24 Well
100m Women			
1.	Chayille Collette 05	11.86+1.7	02/11/24 Hast
2.	Addira Collette 05	11.99+1.7	02/11/24 Hast
3.	Emma Osbourne 02	13.23	12/11/24 PN
4.	Taylor Trow 08	13.27	12/11/24 PN
5.	Juliet McKinlay 08	13.41	19/10/24 Hast
6.	Athena Fovakis 08	13.55-1.5	09/11/24 PN
7.	Hana Symes 10	13.69	05/11/24 PN
8.	Emma Verry 09	13.72	03/12/24 PN
100m Men			
1.	Mate Poduje 98	11.47-0.6	11/08/24 Mast
2.	William Rolfe 08	11.75	12/11/24 PN
3.	Aden Porritt 02	12.00+0.1	23/11/24 Well
4.	James Savage 09	12.23-3.7	09/11/24 PN
5.	Brayden Grant 85	12.0	01/10/24 PN
6.	Daniel Miller 04	12.80	05/11/24 PN
7.	Asher McKenzie Bang 11	13.38-0.1	09/11/24 PN
8.	Kadyn Eder ??	13.50	05/11/24 PN
100mH Women			
1.	Juliet McKinlay 08	15.45+2.5	02/11/24 Hast
200m Women			
1.	Addira Collette 05	24.96+1.1	02/11/24 Hast
2.	Chayille Collette 05	24.98+1.1	02/11/24 Hast
3.	Juliet McKinlay08	26.97+1.7	11/08/24 Mast
4.	Emma Osbourne 02	26.98	19/11/24 PN
5.	Taylor Trow 08	27.04	29/10/24 PN

6.	Hana Symes 10	27.31	29/10/24 PN
7.	Hannah Callesen 80	28.87+2.2	14/07/24 PN
8.	Emma Verry 09	29.09+1.7	11/08/24 Mast

#### 200m Men

1.	William Rolfe 08	22.93-0.2	23/11/24 Well
2.	Mate Poduje 98	23.56-0.2	23/11/24 Well
3.	Aden Porritt 02	23.94-0.2	23/11/24 Well
4.	Brayden Grant 85	24.02	08/10/24 PN
5.	James Savage 09	24.90-1.0	09/11/24 PN
6.	Justin Cunningham 08	25.08	29/10/24 PN
7.	Daniel Miller 04	25.66+0.3	14/07/24 PN
8.	Asher MacKenzie Bang 11	27.18-1.5	09/11/24 PN

#### 200mH Women

1.	Taylor Trow 08	29.81	12/11/24 PN
2.	Juliet McKinlay 08	30.17	12/11/24 PN
3.	Holly Munday 11	33.0	01/10/24 PN
4.	Brooke Duffy 11	33.5	01/10/24 PN
5.	Adylyn Cooksley 13	34.3	01/10/24 PN
6.	Greer Robinson 12	34.78	03/12/24 PN
7.	Isla Harvey 12	34.8	01/10/24 PN
8.	Ella Singleton 12	37.09	22/10/24 PN

#### 200mH Men

1.	Kobe Dorn 11	29.9	01/10/24 PN
2.	Finn Williams 12	32.9	01/10/24 PN
3.	Levi Paterson 12	33.3	01/10/24 PN
4.	Zac Wormgoor 11	33.7	01/10/24 PN
5.	Elliot Parr 12	36.2	01/10/24 PN
6.	Angus Cadzow 12	36.94	22/10/24 PN
7.	Heath Herselman 12	37.84	22/10/24 PN
8.	Lachie Bishop 15	37.9	01/10/24 PN

#### 300m Women

1.	Emma Verry 09	42.99	05/11/24 PN
2.	Hana Symes 10	43.76	05/11/24 PN
3.	Hannah Cadzow 07	45.99	15/10/24 PN
4.	Freya Eastern ??	47.17	05/11/24 PN
5.	Vanessa Hodge 74	47.54	15/10/24 PN
6.	Athena Fovakis 09	47.79	15/10/24 PN
7.	Isabella Irvine ??	49.97	05/11/24 PN
8.	Lillia Dale 12	53.12	05/11/24 PN

#### 300m Men

1.	William Rolfe 08	37.52	15/10/24 PN
2.	Samuel Stichbury 04	40.37	15/10/24 PN
3.	Daniel Miller 04	41.38	05/11/24 PN
4.	Fin Crowskey 12	62.34	05/11/24 PN

### 300mH Women

1.	Taylor Trow 08	47.68	23/11/24 Well
2.	Adalyn Cooksley 13	55.30	05/11/24 PN
3.	Ella Singleton 11	57.28	05/11/24 PN
4.	Tiana Milden 12	62.03	05/11/24 PN
5.	Briar Drummond 12	63.63	05/11/24 PN
6.	Molly Keene 12	63.92	05/11/24 PN
7.	Charlotte Burkitt 15	64.98	05/11/24 PN
8.	Natalie Hutchinson 12	65.27	05/11/24 PN

### 300mH Men

1.	Levi Paterson 12	58.04	05/11/24 PN
2.	Finn Williams 13	58.35	15/10/24 PN
3.	Elliott Parr 13	62.67	15/10/24 PN
4.	Leo Dale 14	62.92	05/11/24 PN
5.	Zac Parr 15	63.99	05/11/24 PN
6.	Edison Leigh 15	64.24	05/11/24 PN
7.	Oliver Isles 15	64.69	05/11/24 PN
8.	Fin Crowsley 12	64.93	15/10/24 PN

### 400m Women

1.	Emma Verry 09	59.59	02/11/24 Hast
2.	Emma Osbourne 02	59.73	12/11/24 PN
3.	Hana Symes 10	60.36	09/11/23 PN
4.	Olivia McDowell 10	61.08	09/11/24 PN
5.	Hannah Cadzow 07	63.40	03/12/24 PN
6.	Vanessa Hodge 74	64.75	07/07/24 USA
7.	Olivia Leckie 12	66.43	03/12/24 PN
8.	Freya Easton 09	67.97	12/11/24 PN

### 400m Men

1.	Jonathan Maples ??	50.01	03/12/24 PN
2.	William Rolfe 08	50.94	23/11/24 Well
3.	Justin Cunningham 08	52.70	09/11/24 PN
4.	Brayden Grant 85	53.97	14/07/24 PN
5.	Sam Stichbury 04	54.10	09/11/24 PN
6.	Hayden Robinson 74	55.45	14/07/24 PN
7.	Aden Porritt 03	56.08	12/11/24 PN
8.	Daniel Miller 04	57.28	03/12/24 PN

### 600m Women

1.	Vanessa Hodge 74	1 52.35	29/10/24 PN
2.	Freya Easton 09	1 58.61	19/11/24 PN
3.	Millie McLean 09	2 02.06	19/11/24 PN
4.	Isabella Irving ??	2 05.25	19/11/24 PN
5.	Adalyn Cooksley 13	2 18.33	05/11/24 PN
6.	Kazuri Robinson 14	2 19.52	19/11/24 PN
7.	Katherine Twiddy 08	2 20.69	15/10/24 PN

8. Natalie Hutchinson 12	2 21.75	05/11/24 PN
600m Men		
1. Justin Cunningham 08	1 27.54	15/10/24 PN
2. Sam Stichbury 04	1 28.72	05/11/24 PN
3. Hayden Robinson 74	1 41.25	19/11/24 PN
4. Finn Williams 13	2 11.71	05/11/24 PN
5. Elliott Parr 13	2 16.13	19/11/24 PN
6. Zac Parr 13	2 17.36	19/11/24 PN
7. Michael Hooper ??	2 22.97	05/11/24 PN
800m Women		
1. Emma Verry 09	2 17.15	19/11/24 PN
2. Olivia McDowell 10	2 19.60	09/11/24 PN
3. Brooke Duffy 11	2 28.81	19/11/24 PN
4. Sophie Crofskey 09	2 32.29	19/11/24 PN
5. Madi Honeyfield 09	2 32.91	19/11/24 PN
6. Vanessa Story 74	2 35	08/07/24 USA
7. Olivia Leckie 12	2 36.28	19/11/24 PN
8. Holly Munday 11	2 41.96	08/10/24 PN
800m Men		
1. Justin Cunningham 08	1 58.68	09/11/24 PN
2. Robert Norman 01	2 01.30	23/11/24 Well
3. Sam Stichbury 04	2 01.70	09/11/24 PN
4. Nelson Doolan 04	2 05.43	19/11/24 PN
5. James Conwell 79	2 08.40	11/08/24 Mast
6. Jarvis Shaw 09	2 15.91	19/11/24 PN
7. Zac Wormgoor 11	2 36.86	29/10/24 PN
8. Fin Crofskey 12	2 55.48	19/11/24 PN
1000m Women		
1. Courtney Fitzgibbon 07	3 08.51	29/10/24 PN
2. Emma Verry 09	3 17.68	15/10/24 PN
3. Sophie Crofskey 09	3 26.23	05/11/24 PN
4. Maddie Honeyfield 09	3 28.31	05/11/24 PN
5. Aylish Underwood ??	3 39.75	05/11/24 PN
6. Olivia Leckie 12	3 41.55	15/10/24 PN
7. Manaia Sheridan ??	3 46.64	05/11/24 PN
8. Lillia Rose Dale 12	3 47.04	05/11/24 PN
1000m Men		
1. Robertt Norman 01	2 38.18	08/09/24 PN
2. Nelson Doolan 04	2 43.39	05/11/24 PN
3. James Conwell 79	2 50.53	05/11/24 PN
4. Filip Marton ??	3 11.66	15/10/24 PN
5. Fin Crofskey 12	3 53.29	05/11/24 PN
6. Bill Twiss 68	3 54.68	05/10/24 PN
7. Leo Dale 14	4 03.50	05/11/24 PN

1000m Walk Women

1. Amy O'Rourke 11 6 31.84 05/11/24 PN

1500m Women

1. Brooke Duffy 11 5 00.46 09/11/24 PN  
2. Olivia McDowell 10 5 04.11 02/11/24 Hast  
3. Lizzy Deane Jackson ?? 5 10.51 22/10/24 PN  
4. Sophie Crofskey 09 5 21.19 12/11/24 PN  
5. Madi Honeyfield 09 5 29.80 12/11/24 PN  
6. Holly Munday 11 5 38.2 01/10/24 PN  
7. Sophie Bell 09 5 50.29 12/11/24 PN  
8. Maddie Parks ?? 5 52.53 12/11/24 PN

1500m Men

1. Justin Cunningham 08 4 06.23 23/11/24 Well  
2. Nelson Doolan 04 4 12.23 23/11/24 Well  
3. James Conwell 79 4 20.73 12/11/24 PN  
4. Sam Stichbury 04 4 25.14 03/12/24 PN  
5. Jarvis Shaw 09 4 29.32 03/12/24 PN  
6. David Lovelock 86 4 39.47 12/11/24 PN  
7. Filip Martin 09 4 42.09 03/12/24 PN  
8. Jai Parris 11 4 53.02 12/11/24 PN

1500m Walk Women

1. Amy O'Rourke 11 10 18.72 22/10/24 PN

2000m Walk Women

1. Amy O'Rourke 11 14 21.77 19/11/24 PN

2000m stch Women

1. Courtney Fitzgibbon 07 7 24.06 09/11/24 PN  
2. Sophie Crofskey 09 8 04.52 23/11/24 Well

2000m stch Men

1. Jarvis Shaw 09 6 54.50 23/11/24 Well

3000m Women

1. Olivia McDowell 10 10 29.09 23/11/24 Well  
2. Courtney Fitzgibbon 07 10 45.47 09/11/24 PN  
3. Brooke Duffy 11 11 08.56 29/10/24 PN  
4. Sophie Crofskey 09 11 33.62 29/10/24 PN  
5. Madi Honeyfield 09 11 50.88 15/10/24 PN  
6. Sophie Bell 09 12 07.45 15/10/24 PN  
7. Leah MacNamara 06 12 18.51 15/10/24 PN  
8. Kate Perkins 07 12 35.45 15/10/24 PN

3000m Men

1. Nelson Doolan 04 8 54.73 09/11/24 PN  
2. James Conwell 79 9 50.25 19/11/24 PN  
3. David Lovelock 86 9 56.75 19/11/24 PN  
4. Jarvis Shaw 09 9 58.33 23/11/24 Well  
5. Ewen Campbell ?? 9 59.08 05/11/24 PN

6.	Jai Parris 11	10 24.63	29/10/24 PN
7.	Filip Martin 09	10 37.03	29/10/24 PN
8.	Zac Wormgoor 11	11 05	31/08/24 Fldg
5000m Women			
1.	Emma Verry 09	21 01	31/08/24 Fldg
2.	Vanessa Hodge 74	22 45	31/08/24 Fldg
3.	Dale McMillan 67	24 40	31/08/24 Fldg
5000m Men			
1.	Nelson Doolan 04	15 56.42	15/10/24 PN
2.	James Conwell 79	16 31.04	15/10/24 PN
3.	David Lovelock 86	17 10.54	15/10/24 PN
10 000m Men			
1.	James Conwell 79	35 55	31/08/24 Fldg
2.	Lance Gray 69	45 40	31/08/24 Fldg
3.	Ebu Evgi ??	47 50	09/11/24 Fldg
Half Marathon Men			
1.	David Lovelock 86	1 19 59	03/08/24 Tau
Marathon Men			
1.	David Lovelock 86	3 16 25	03/11/24 Auck
Triple Jump Women			
1.	Juliet McKinlay 08	10.53m	12/11/24 PN
2.	Olivia Norris Spring 09	10.13m	23/11/24 Well
3.	Sophie Crofskey 09	9.25m	22/10/24 PN
4.	Cadee Hampson 08	9.10m	22/10/24 PN
5.	Katelyn Mitchell 08	8.24m-2.1	02/11/24 Hast
6.	Georgia McNicol 10	8.15m	24/10/24 PN
7.	Elsa Mwape 10	7.91m	22/10/24 PN
Long Jump Women			
1.	Juliet McKinlay 08	5.42m+0.3	23/11/24 Well
2.	Taylor Trow 08	5.18m +0.4	09/11/24 PN
3.	Olivia Norris Spring 09	4.90m+0.8	23/11/24 Well
4.	Brooke Duffy 11	4.26m	15/10/24 PN
5.	Brooklyn Shaw 10	4.17m	15/10/24 PN
6.	Georgia McNicol 10	4.16m	15/10/24 PN
7.	Sophie Crofskey 09	4.07m	15/10/24 PN
8.	Olivia Leckie 12	3.89m	19/11/24 PN
Long Jump Men			
1.	Mate Poduje 98	6.31m +0.6	11/08/24 Mast
2.	Asher Bang 11	4.60m	05/11 /24 PN
3.	Elliott Parr 13	4.08m	19/11/24 PN
4.	Zac Worrngoor 11	3.70m	15/10/24 PN
5.	Jackson Harvey 14	3.65m	19/11/24 PN
6.	Michael Hooper 13	3.59m	19/11/24 PN
7.	Matty Bishop 14	3.47m	19/11/24 PN

8. Heath Herselman 13	3.36m	19/11/24 PN
High Jump Women		
1. Olivia Norris Spring 09	1.65m	11/08/24 Mast
2. Amber Trow 06	1.65m	08/10/24 PN
3. Tayler Trow 08	1.55m	29/10/24 PN
4. Juliet McKinlay 08	1.45m	08/10/24 PN
5. Brooke Duffy 13	1.45m	08/10/24 PN
6. Courtney Trow 03	1.45m	09/11/24 PN
7. Adelyn Cooksley 13	1.33m	03/12/24 PN
8. Katelyn Mitchell 00	1.30m	14/07/24 PN
9. Sophie Crowskey 09	1.30m	08/10/24 PN
High Jump Men		
1. Mate Poduje 98	2.01m	14/07/24 PN
2. Fynn Williams 13	1.42m	22/10/24 PN
3. Elliott Parr 13	1.38m	01/10/24 PN
4. Finn Williams 13	1.35m	01/10/24 PN
5. Levi Paterson 13	1.35m	22/10/24 PN
6. Lukas Hasenbank 13	1.35m	22/10/24 PN
7. Carter Jay Schultz 14	1.20m	03/12/24 PN
8. Fin Crowskey 12	1.15m	22/10/24 PN
9. Michael Hooper 13	1.15m	22/11/24 PN
Javelin Women		
1. Juliet McKinlay 08	35.55m	02/11/24 Hast
2. Dale McMillan 67	23.42m	05/11/24 PN
3. Aliya Allen 05	16.21m	05/11/24 PN
4. Imogen Hadley Jone 09	15.49m	05/11/24 PN
5. Katelyn Mitchell 00	14.35m	11/08/24 Mast
6. Jill Evans 49	12.86m	09/11/24 PN
Javelin Men		
1. Alex Ritchie 97	51.54m	08/09/24 PN
2. Mate Poduje 98	49.72m	14/07/24 PN
Discus Women		
1. Luella Lilly 08	29.62m	19/11/24 PN
2. Sam Havill 09	23.54m	19/11/24 PN
3. Aliya Allen 05	20.03m	23/11/24 Well
4. Jen Fee 65	19.55m	09/11/24 PN
5. Tiana Milden 12	19.54m	12/11/24 PN
6. Dale McMillan 67	17.44m	19/11/24 PN
7. Rose Cruden ??	17.31m	29/10/24 PN
8. Adalyn Cooksley 13	14.98m	01/10/24 PN
Discus Men		
1. Brian Curry ??	33.29m	19/11/24 PN
2. Angus Cadzow 13	27.11m	12/11/24 PN
3. Alex Ritchie 97	25.28m	09/11/24 PN

4.	Elliott Parr 13	21.15m	22/10/24 PN
5.	Fin Crofskey 12	18.90m	12/11/24 PN
6.	Alex Harvie 13	16.85m	22/10/24 PN
7.	Michael Hooper 13	15.93m	12/11/24 PN
8.	Kyerin Nagera 15	15.53m	15/10/24 PN

#### Shot Women

1.	Luella Lilly 08	10.95m	12/11/24 PN
2.	Juliet McKinlay 08	10.65m	19/10/24 Hast
3.	Dale McMillan 67	9.56m	12/11/24 PN
4.	Tara Rolfe ??	8.48m	22/10/24 PN
5.	Jill Evans 49	7.72m	09/11/24 PN
6.	Vanessa Hodge 74	7.52m	22/10/24 PN
7.	Aliya Allen 05	7.17m	23/11/24 Well
8.	Imogen Hadley Jones 09	7.10m	12/11/24 PN

#### Shot Men

1.	Grant Rolfe ??	8.51m	22/10/24 PN
2.	Zac Wormgoor 11	7.48m	22/10/24 PN
3.	Angus Cadzow 13	7.17m	15/10/24 PN
4.	Fin Crofskey 12	7.10m	15/10/24 PN
5.	Kyrin Nagera 15	7.04m	19/11/24 PN
6.	Zac Parr 15	6.99m	08/10/24 PN
7.	Carter Jay Schultz 14	6.42m	15/10/24 PN
8.	Kalayo Kerrsk 17	6.10m	29/10/24 PN

#### Hammer Women

1.	Jen Fee 65	27.45m	09/11/24 PN
2.	Jill Evans 49	26.52m	09/11/24 PN
3.	Dale McNillan 67	20.24m	09/11/24 PN
4.	Imogen Hadley Jones 09	17.72m	05/11/24 PN
5.	Aliya Allen 05	17.47m	05/11/24 PN

#### Hammer Men

1.	Brian Curry ??	27.10m	05/11/24 PN
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